

Scam Call Safety Checklist

Use this to reduce call and text friction. No tool can stop every scam, so the family rule and review routine matter as much as the app or setting.

Family Pause Rule

If a call or text asks for money, passwords, codes, gift cards, urgent action, or a link tap: stop, hang up, and call family first.

Setup Layers

Layer	Set up	Limit to explain
Contacts	<input type="checkbox"/> Add family, doctors, pharmacy, bank, neighbors, care contacts.	Unknown callers may include legitimate calls.
Phone settings	<input type="checkbox"/> Block repeat nuisance numbers. <input type="checkbox"/> Review silence/filter settings.	Aggressive filters can hide real calls.
Carrier tools	<input type="checkbox"/> Check if spam labeling is included. <input type="checkbox"/> Review prompts with parent.	Labels can be wrong and vary by plan.
Text habits	<input type="checkbox"/> Open known apps directly instead of tapping unexpected links.	Habits need repetition and calm practice.

Monthly Review

- Review missed calls with the parent.
- Review blocked calls for important numbers.
- Remove confusing apps or prompts.

- Practice the pause rule once.
- Confirm bank and pharmacy contact numbers.
- Update family emergency contacts if needed.

Guide: <https://arthur0858.github.io/ynk-blog/guides/scam-call-safety.html>

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Safety note: These steps may reduce friction and support family comparison, but they cannot guarantee protection from scams or unwanted calls.