

# Senior Phone Setup Checklist

Use this before buying or handing over a phone. The goal is a phone an aging parent can answer, read, charge, and recover from confusion with less help.

## 1. Buying Fit

### Primary jobs

- Voice calls are easy to answer.
- Text is readable indoors and outdoors.
- Photos or video calls are actually needed.

### Cost and support

- Monthly plan and fees are clear.
- Return policy is written down.
- Family knows who handles account recovery.

## 2. Setup Before Handoff

Area	Checklist	Family note
Calling	<input type="checkbox"/> Add 4 to 8 favorite contacts. <input type="checkbox"/> Put Phone app first.	Keep names simple and consistent.
Readability	<input type="checkbox"/> Increase text size. <input type="checkbox"/> Test contact names and caller ID.	Check in bright light and dim rooms.
Home screen	<input type="checkbox"/> Remove unused apps from first screen. <input type="checkbox"/> Keep camera, photos, calls, messages visible.	Fewer choices reduce accidental taps.
Recovery	<input type="checkbox"/> Confirm account recovery method. <input type="checkbox"/> Store recovery steps in a family-held note.	Do not place passwords in public view.

## 3. First Week Review

- Parent can answer a call without coaching.
- Parent can charge the phone in the usual spot.
- Family reviewed missed calls and confusing prompts.

- Volume, ringtone, and vibration are comfortable.
- Emergency contacts are accurate.
- Unneeded notifications are reduced.

Guide: <https://arthur0858.github.io/ynk-blog/guides/senior-phones.html>

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Safety note: This is general technology guidance, not medical, legal, financial, or emergency advice.